

DEVICES NEEDED

You need an end device with access to the internet. Data centres and huge servers are needed to store the data.

TIME SPENT

About 144 minutes daily with an ascending trend due to the pandemic.

Social Media 10%

Sleep 33.3%

Everything else

ELECTRICITY

About 103 MB of data usage is equal to: 0,244 kWh of electricity or 126 g CO2, 15 charged smartphones or 0.6 km driven by car

BE CLEANER

Stop sending unnecessary e-mails or messages
Use links to documents instead of e-mail
attachments

Use CO2-neutral search engines

Sources:

www.broadbandsearch.net www.greenqueen.com.hk www.bbc.com www.lifewire.com www.stunningstrategy.com





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